

Massage Therapy (MTC)

(The Stillpoint Massage Therapy Program at GCC)

THE CERTIFICATE: Massage Therapy

THE PROGRAM: the Stillpoint Program at GCC provides you with a curriculum designed for career success through training in classical Swedish massage and specific techniques for soft tissue dysfunction; clinical experience; science courses in anatomy, physiology, and pathology; and specialized study of musculo-skeletal anatomy and movement principles. Professional development/worklife courses prepare you to start your business and understand legal and ethical parameters of practice. You are professionally trained as a practitioner grounded in technique and theory with a holistic approach to healing and well-being.

YOUR NEXT STEP: obtain licensure under local and/or state regulations in order to establish independent massage therapy practices, or seek employment as a massage therapist. Graduates may choose to continue their massage therapy training through additional Massage Therapy courses and/or enroll in the Liberal Arts/Healing Arts Option, Associate Degree Program.

FULL TIME PROGRAM SEQUENCE

FALL SEMESTER REQUIRED COURSES – 17 CREDITS

	CREDITS
BIO 194 Comprehensive Anatomy and Physiology (formerly BIO 117)	4
MTC 101 Structure and Process of the Therapeutic Healing Relationship	2
MTC 102 Myology for Massage and Bodywork	2
MTC 103 Massage Therapy Theory and Technique I	7
MTC 110 Massage Therapy Theory and Technique II	1
MTC 111 Documentation for Massage & Bodywork Practice	1

SPRING SEMESTER/SUMMER SESSION REQUIRED COURSES – 23 CREDITS

BIO 129 Pathology	3
MTC 112 Massage Therapy Clinic	5
MTC 113 Massage Therapy Theory and Technique III	7
MTC 114 Interpersonal Dynamics of the Therapeutic Massage Relationship	2
MTC 115 The Business and Marketing of Massage & Bodywork	2
MTC 116 Clinical Assessment Practicum Seminar	2
MTC 120 Kinesiology: Theory and Principles of Movement	2

TOTAL 40

MTC INTENT PROGRAM SEQUENCE PART TIME

FALL SEMESTER—INTENT PART TIME REQUIRED COURSES – 6 CREDITS

	CREDITS
BIO 194 Comprehensive Anatomy and Physiology (formerly BIO 117)	4
MTC 102 Myology for Massage and Bodywork	2
Elective (instead of taking course during Fall of second year) MTC 101 Structure and Process of the Therapeutic Healing Relationship	2

SPRING SEMESTER/SUMMER SESSION— INTENT PART TIME REQUIRED COURSES – 5 CREDITS

BIO 129 Pathology	3
MTC 120 Kinesiology: Theory and Principles of Movement	2
Elective (instead of taking course during Spring of second year) MTC 115 The Business and Marketing of Massage & Bodywork	2

FALL SEMESTER—SECOND YEAR PART TIME REQUIRED COURSES – 11 CREDITS

MTC 101 Structure and Process of the Therapeutic Healing Relationship	2
MTC 103 Massage Therapy Theory and Technique I	7
MTC 110 Massage Therapy Theory and Technique II	1
MTC 111 Documentation for Massage & Bodywork Practice	1

SPRING SEMESTER/SUMMER SESSION—SECOND YEAR PART TIME REQUIRED COURSES – 18 CREDITS

MTC 112 Massage Therapy Clinic	5
MTC 113 Massage Therapy Theory and Technique III	7
MTC 114 Interpersonal Dynamics of the Therapeutic Massage Relationship	2
MTC 115 The Business and Marketing of Massage & Bodywork	2
MTC 116 Clinical Assessment Practicum Seminar	2

TOTAL 40

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EVENING PROGRAM SEQUENCE

FALL SEMESTER—FIRST YEAR REQUIRED COURSES – 6 CREDITS

BIO 194 Comprehensive Anatomy and Physiology (formerly BIO 117)	4
MTC 102 Myology for Massage and Bodywork	2

SPRING SEMESTER/SUMMER SESSION—FIRST YEAR REQUIRED COURSES – 11 CREDITS

MTC 101 Structure and Process of the Therapeutic Healing Relationship	2
MTC 103 Massage Therapy Theory and Technique I	7
MTC 110 Massage Therapy Theory and Technique II	1
MTC 111 Documentation for Massage & Bodywork Practice	1

SUMMER SESSION—FIRST YEAR REQUIRED COURSES – 3 CREDITS

BIO 129 Pathology.....	3
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FALL SEMESTER—SECOND YEAR REQUIRED COURSES – 7 CREDITS

MTC 112 Massage Therapy Clinic	5
MTC 114 Interpersonal Dynamics of the Therapeutic Massage Relationship	2

SPRING SEMESTER/SUMMER SESSION—SECOND YEAR REQUIRED COURSES – 13 CREDITS

MTC 113 Massage Therapy Theory and Technique III	7
MTC 115 The Business and Marketing of Massage & Bodywork	2
MTC 116 Clinical Assessment Practicum Seminar	2
MTC 120 Kinesiology: The Science of Functional Movement	2

TOTAL 40

Students participating in this program must undergo a Criminal Offender Record Information (CORI) check. For more information please refer to page 10.

Program accredited by the Commission on Massage Therapy Accreditation (COMTA).

Students can enroll in one of the following program options: full-time day, intent part time day, or evening.

Students are required to pass every course in the Massage Therapy Certificate curriculum plan. A passing grade is defined as a minimum of "C-" (70) in classwork and in clinical performance. Since the curriculum is sequential and learning skills build on each other, failing one course prohibits continuing in the program.

Massage Therapy requires a special admission process. Students who have met all admission requirements are accepted on a space available basis to the Massage Therapy Certificate Program.

Admission requirements for full-time program option (requirements for evening and intent part-time options are available from the admission office): English placement assessment at the college level; completion of or Math placement assessment beyond MAT 090 (or equivalent with a "C-" or better within 5 years). If a student has college level Math within 5 years, the placement exam is waived with proof of college training. Students must also complete health requirements prior to admission acceptance. Students must be 18 years of age to begin classes in the program.

Legal Requirements: Some service learning facilities require that students meet the requirements of a CORI (Criminal Offenders Record Information) check every six months. Students who fail to meet the requirements of GCC service learning affiliates will not be able to continue in the program.

Informational meeting dates and locations are available from the Admission office or Division of Health Occupations office (413) 775-1621.

PROGRAM COORDINATOR

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