

~~~ Curriculum ~~~

The Massage Therapy Program offers a full-time option during the day (one year), a part-time option during the day (two years) and an evening option (two years). Curriculum is as follows:

Full-Time Day (one year)

Fall Semester			
Required Courses			
	Cr.	Hrs.	
BIO 194 Comprehensive A and P	4	75	
MTC 101 Structure and Process of the Therapeutic Healing Relationship	2	30	
MTC 102 Myology for Massage and Bodywork	2	45	
MTC 103 Massage Therapy Theory and Technique I	7	150	
MTC 110 Massage Therapy Theory and Technique II	1	30	
MTC 111 Documentation for Massage & Bodywork Practice	1	15	
Semester Total	17	345	
Spring Semester/Summer Session			
Required Courses			
	Cr.	Hrs.	
BIO 129 Pathology	3	45	
MTC 112 Massage Therapy Clinic	5	105	
MTC 113 Massage Therapy Theory and Technique III	7	135	
MTC 114 Interpersonal Dynamics of the Therapeutic Massage Relationship	2	30	
MTC 115 The Business and Marketing of Massage & Bodywork	2	30	
MTC 116 Clinical Assessment Practicum Seminar	2	30	
MTC 120 Kinesiology; Theory and Principles of Movement	2	45	
Semester Total	23	420	
TOTAL	40	765	

Intent Program

Fall Semester First Year			
Required Courses			
	Cr.	Hrs.	
BIO 194 Comprehensive A & P	4	75	
MTC 102 Myology for Massage and Bodywork	2	45	
Semester Total	6	120	
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Elective MTC 101	2	30	
Spring Semester/Summer Session – First Year			
Required Courses			
	Cr.	Hrs.	
BIO 129 Pathology	3	45	
MTC 120 Kinesiology; Theory and Principles of Movement	2	45	
Semester Total	5	90	
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Elective MTC 115	2	30	
Fall Semester – Second Year			
Required Courses			
	Cr.	Hrs.	
MTC 101 Structure and Process of the Therapeutic Healing Relationship	2	30	
MTC 103 Massage Therapy Theory and Technique I	7	150	
MTC 110 Massage Therapy Theory and Technique II	1	30	
MTC 111 Documentation for Massage & Bodywork Practice	1	15	
Semester Total	11	285	
Spring Semester/Summer Session – Second Year			
Required Courses			
	Cr.	Hrs.	
MTC 112 Massage Therapy Clinic	5	105	
MTC 113 Massage Therapy Theory and Technique III	7	135	
MTC 114 Interpersonal Dynamics of the Therapeutic Massage Relationship	2	30	
MTC 115 The Business and Marketing of Massage & Bodywork	2	30	
MTC 116 Clinical Assessment Practicum Seminar	2	30	
MTC 120 Kinesiology; Theory & Principles of Movement	2	45	
Semester Total	18	330	
TOTAL	40	765	

Part-Time Evening (two years)

Note: New class starts every other year. Next class starts fall 2008.

Fall Semester First Year

<i>Required Courses</i>	Cr.	Hrs.
BIO 194 Comprehensive A and P	4	75
MTC 102 Myology for Massage and Bodywork	2	45

Semester Total 6 120

Spring Semester/Summer Session – First Year

<i>Required Courses</i>	Cr.	Hrs.
MTC 101 Structure and Process of the Therapeutic Healing Relationship	2	30
MTC 103 Massage Therapy Theory and Technique I	7	150
MTC 110 Massage Therapy Theory and Technique II	1	30
MTC 111 Documentation for Massage & Bodywork Practice	1	15

Semester Total 11 225

Summer Session – First Year

<i>Required Courses</i>		
BIO 129 Pathology	3	45

Semester Total 3 45

Fall Semester – Second Year

<i>Required Courses</i>	Cr.	Hrs.
MTC 112 Massage Therapy Clinic	5	105
MTC 114 Interpersonal Dynamics of the Therapeutic Massage Relationship	2	30

Semester Total 7 135

Spring Semester/Summer Session – Second Year

<i>Required Courses</i>		
MTC 113 Massage Therapy Theory & Technique III	7	135
MTC 115 The Business & Marketing of Massage & Bodywork	2	30
MTC 116 Clinical Assessment Practicum Seminar	2	30
MTC 120 Kinesiology; Theory and Principles of Movement	2	45

Semester Total 13 240

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*A student must achieve a "C-" (70) in the academic portions of the MTC courses as well as BIO 194 and BIO 129 to progress to the next semester.*  
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Expected time from admission to graduation.

Students move through the program as a cohort – full-time day, part-time day or part-time evening students. Full-time day students complete the 40 credit program in 10 months (September through June). Part-time day and evening students complete the program in two full academic years with courses running straight from September through June for day students and through July for evening students in the second year.

The MTC Student Handbook details the program's policy for students who withdraw and apply for readmission to the program. In this case students may only apply for readmission once and they must restart the program within two years of the date of withdrawal.

❖ CORI Check ❖

GCC requires that Massage Therapy students meet the requirements of a CORI (Criminal Offenders Record Information) check. Students who fail to meet the requirements of GCC will not be able to begin or continue in the program.

~ Clinical Training Courses ~

Students are provided practical work experience through massage clinics held at the college for the general public as well as off campus volunteer events. To have your name added to our mailing list for a one-hour massage for \$15, please contact the Health Occupations Office (413) 775-1621. All proceeds benefit a scholarship fund through the college.